

Community Safety Neighbourhood Award



**County Durham
and Darlington**
Local Resilience Forum

The award

The Community Safety Award has been established with an intention to educate and train young people between the ages 5 and 18 to assist before, during and after a crisis. The award scheme has been developed to give young people an opportunity to learn what to do in an emergency situation, i.e. such as severe weather, a pandemic or long-term power cut. Its aim is to empower young people as they learn how to respond to and cope in situations which differ vastly from their usual day to day life. The Community Safety Award programme aims to enforce a stronger public self-reliance and reduce unnecessary demand on emergency services during the times of crisis.

County Durham and Darlington Local Resilience Forum Community Safety Award is based on The Duke of Cornwall Community Safety Award.

About this award

This award is Community Safety Award Level 2, Community Safety Neighbourhood Award, is aimed at children between the ages of 10 and 14. The workbooks can be completed either at home in your own time with the help of your families, or with your scout leaders/teachers/youth group workers during the themed sessions.

Award criteria and activities to complete

On the following pages there are eight mandatory tasks to complete to gain the award. At the end of the booklet there are optional additional activities. Once workbooks have been completed, contact County Durham and Darlington Local Resilience Forum LocalResilienceForum@ddfire.gov.uk to arrange for your certificate to be issued.

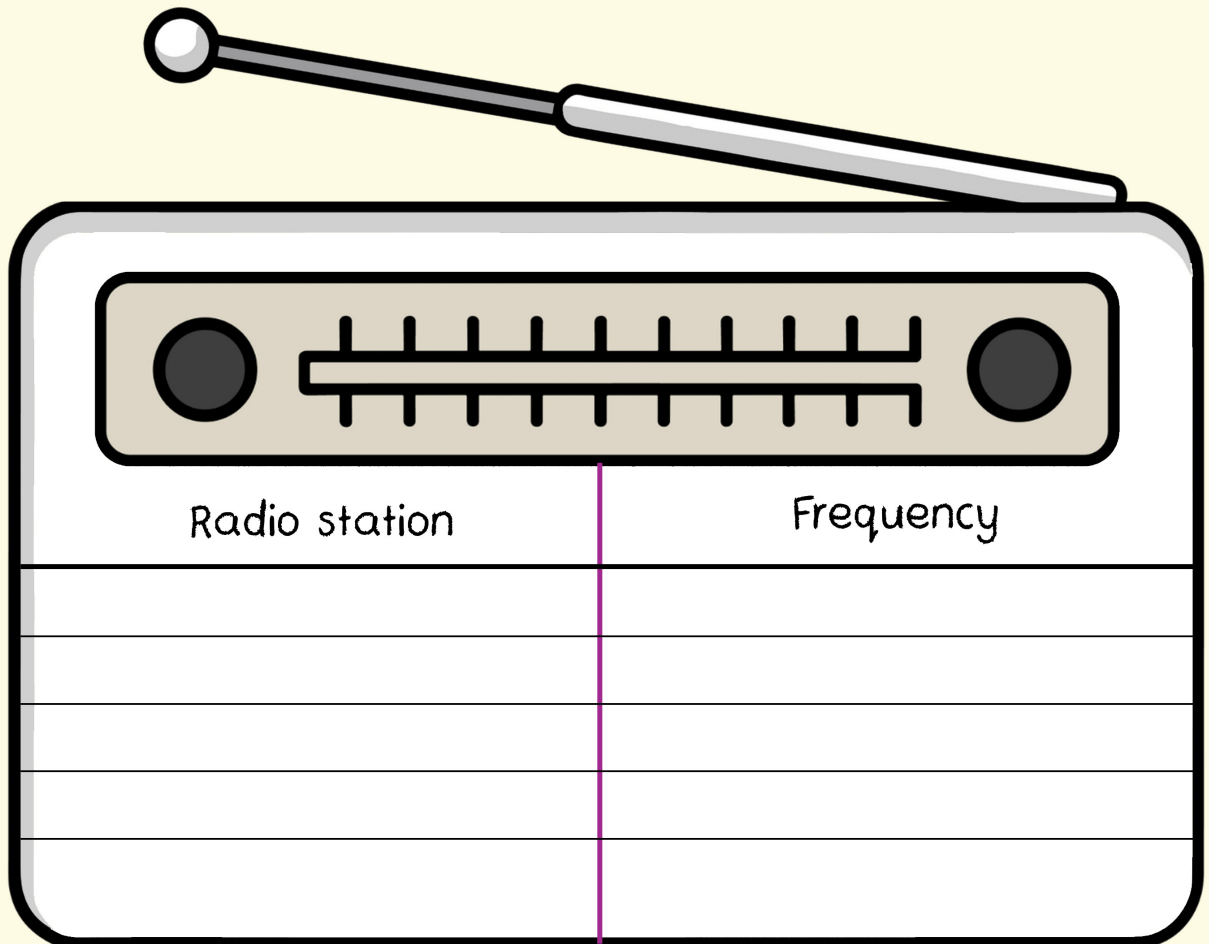
Task 1 - A household grab bag

Produce a complete household grab bag. Consider what you would need in different scenarios, ie there are different item's you would need dependant on whether it is a flood, heatwave or heavy snow fall.

[illegible]

Task 2- Radio stations and important phone numbers

Put together a list of local radio stations and their frequencies. Think of whose phone numbers you might need in an emergency and complete a list of them.

[illegible]

Task 3 - Emergency plan

Write a generic household/meeting place emergency plan. Think of escape routes, consider hazards and think how to overcome them. You may even want to draw a map. Think of any specific needs your family members would have. Don't forget to include plans for any pets that you may have.

Where will we meet if we can't get home and can't contact each other?

Which is the safest route there? You can also add a map.

Who will we contact to say we are safe and where we are?

Who can we stay with if we are evacuated?

Where and how do we turn off water, electricity, gas?

Will any neighbours need our help?

[illegible]

Task 4 - Vulnerable people

Do if you know of any vulnerable people living in your neighbourhood? How could you assist them if there is a long-term power cut, flooding, freezing temperatures or any other incident?

Person/family who might need help	What can I do for them?

Task 5 - Disease

What steps can you take to minimise the spread of a disease, both human and animal disease?

In case of flu/virus:

In case of animal disease:

Task 6 - Stay or evacuate

Explain what is meant by "Go in, stay in and tune in" and "Get out, stay out and dial 999". Give examples of when those need to be followed.

Go in, stay in, tune in!

Get out, stay out, dial 999!

Task 7 - Flood warnings

What types of flooding are there? Can you find out if your neighbourhood/meeting place is at risk of flooding? How could you receive flood alerts?

Find out if your house/meeting place is at risk of flooding using

[Check for flooding in England - GOV.UK](#)

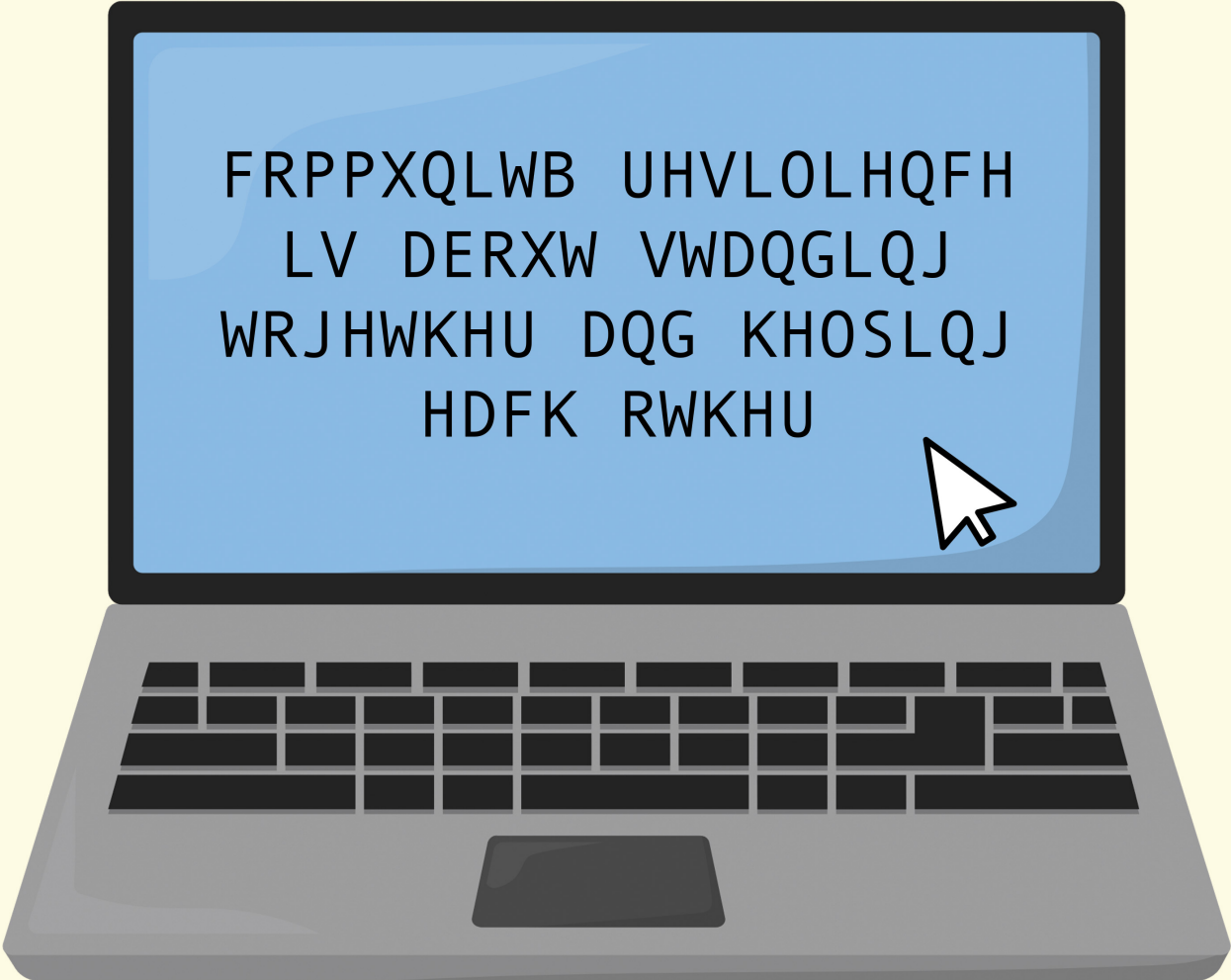
Flood alerts can be signed up for here: **[Sign up for flood warnings - GOV.UK](#)**

Task 8 - Community Risk Register

Using the County Durham and Darlington Community Risk Register name five of the top risks in your area. [CDDLRF_Community_Risk_Register_2024-2026.pdf](#)

Optional additional activities to consider:

Decode the following message:



FRPPXQLWB UHVLOLHQFH
LV DERXW VWDQGLQJ
WRJHWKHU DQG KHOSLQJ
HDFK RWKHU

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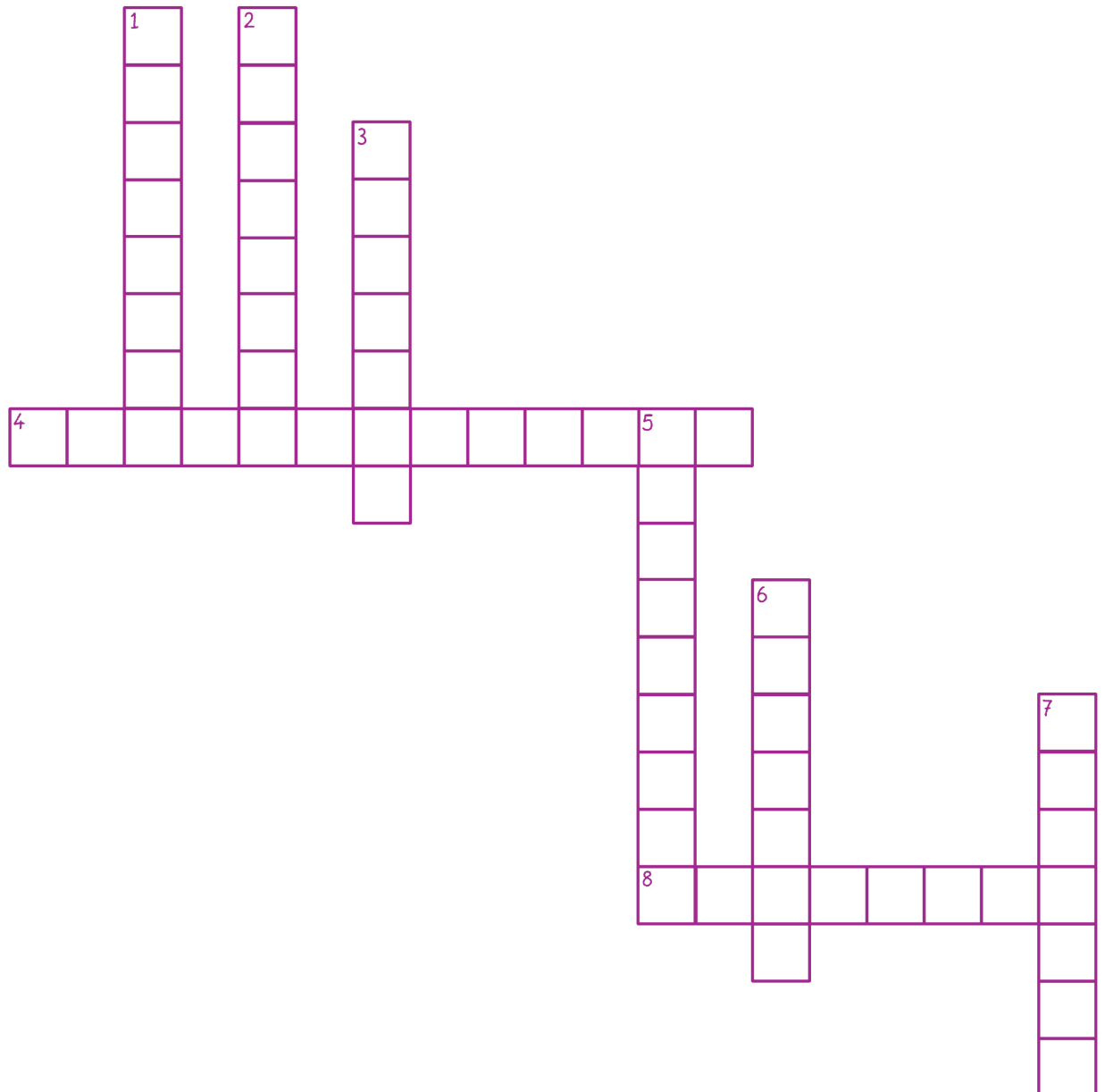
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Hint for decoding:

Shift each letter 3 places back in the alphabet.
For example: **F = C, R = O, P = M, etc.**

Community resilience crossword



Across

- 4. A prepared document for dealing with unexpected disasters
- 8. To leave a dangerous place for safety

Down

- 1. Uncontrolled blaze that rapidly spreads through forests and grasslands
- 2. Overflow of water that submerges land usually dry
- 3. Advance notice of potential danger
- 5. Emergency vehicle that rushes to a medical emergency
- 6. Pre-packed kit with essentials for sudden evacuation
- 7. Illness or condition that disrupts normal body function



Congratulations!

**Contact County Durham
and Darlington LRF
to get your certificate**

Visit our website for more information:

<https://www.ddfire.gov.uk/county-durham-and-darlington-local-resilience-forum>