

Community Safety Community Award



County Durham
and Darlington
Local Resilience Forum

The award

The Community Safety Award has been established with an intention to educate and train young people between the ages 5 and 18 to assist before, during and after a crisis. The award scheme has been developed to give young people an opportunity to learn what to do in an emergency situation, i.e. severe weather, a pandemic or long-term power cut. Its aim is to empower young people as they learn how to respond to and cope in situations which differ vastly from their usual day to day life. The Community Safety Award programme to enforce a stronger public self-reliance and reduce unnecessary demand on emergency services during the times of crisis.

County Durham and Darlington Local Resilience Forum Community Safety Award is based on The Duke of Cornwall Community Safety Award.

About this award

This award is Community Safety Award Level 3, Community Safety Community Award, aimed at young people between the ages of 14 and 18. The workbooks can be completed either at home in your own time with the help of your families, or with your scout leaders/teachers/youth group workers during the themed sessions.

Award criteria and activities to complete

On the following pages there are six mandatory tasks to complete to gain the award.

At the end of the booklet there are optional additional activities.

Once the workbooks have been completed, contact County Durham and Darlington Local Resilience Forum LocalResilienceForum@ddfire.gov.uk to arrange for your certificate to be issued.

Task 1 - A household grab bag

Complete a ten minute presentation on what should be included within a household grab bag with an explanation of why.

Consider what you would need in different scenarios, i.e. there are different items you would need dependant on whether it is a flood, heatwave or heavy snow fall.

[illegible]

Task 2- Household emergency plan

Understand and explain why a house and its occupants should have an emergency plan, where it should be kept and what should be in it. You can use the boxes below, although an emergency plan can be written in any desired clear format.

When preparing a generic household/meeting place emergency plan, think of escape routes, consider hazards and think how to overcome them. You may even want to draw a map. Think of any specific needs your family members/members of the group would have. Don't forget to include plans for any pets that you may have.

Where will we meet if we can't get home and can't contact each other?

Which is the safest route there? You can also add a map.

Who will we contact to say we are safe and where we are?

Who can we stay with if we are evacuated?

Where and how do we turn off water, electricity, gas?

Will any neighbours need our help?

Useful contacts	Contact number

Task 3 - What to do in an emergency?

Produce a leaflet/handout on what to do in an emergency
(i.e. snow, flood, heatwave or disease).

Task 4 - International agency

Find out about an international agency based in the UK that is involved in disaster relief, have a discussion within your group about the work they do.

Task 5 - Human and animal disease

What control measures would you implement to minimise the spread of diseases?

In case of human disease, such as flu/virus:

In case of animal disease:

Task 6 - Community emergency plan

What is a community emergency plan and why are they important?
Durham County Council's Civil Contingencies Unit has prepared a guide to help local communities plan for emergency situations; this can be viewed here:

Be Prepared - 6 steps to complete your Community Emergency Plan

County Durham and Darlington Community Risk Register highlights the local top risks and will help with preparing the community emergency plan:

[CDDLRF_Community_Risk_Register_2024-2026.pdf](#)

Write your answer here:

Optional activities to consider:

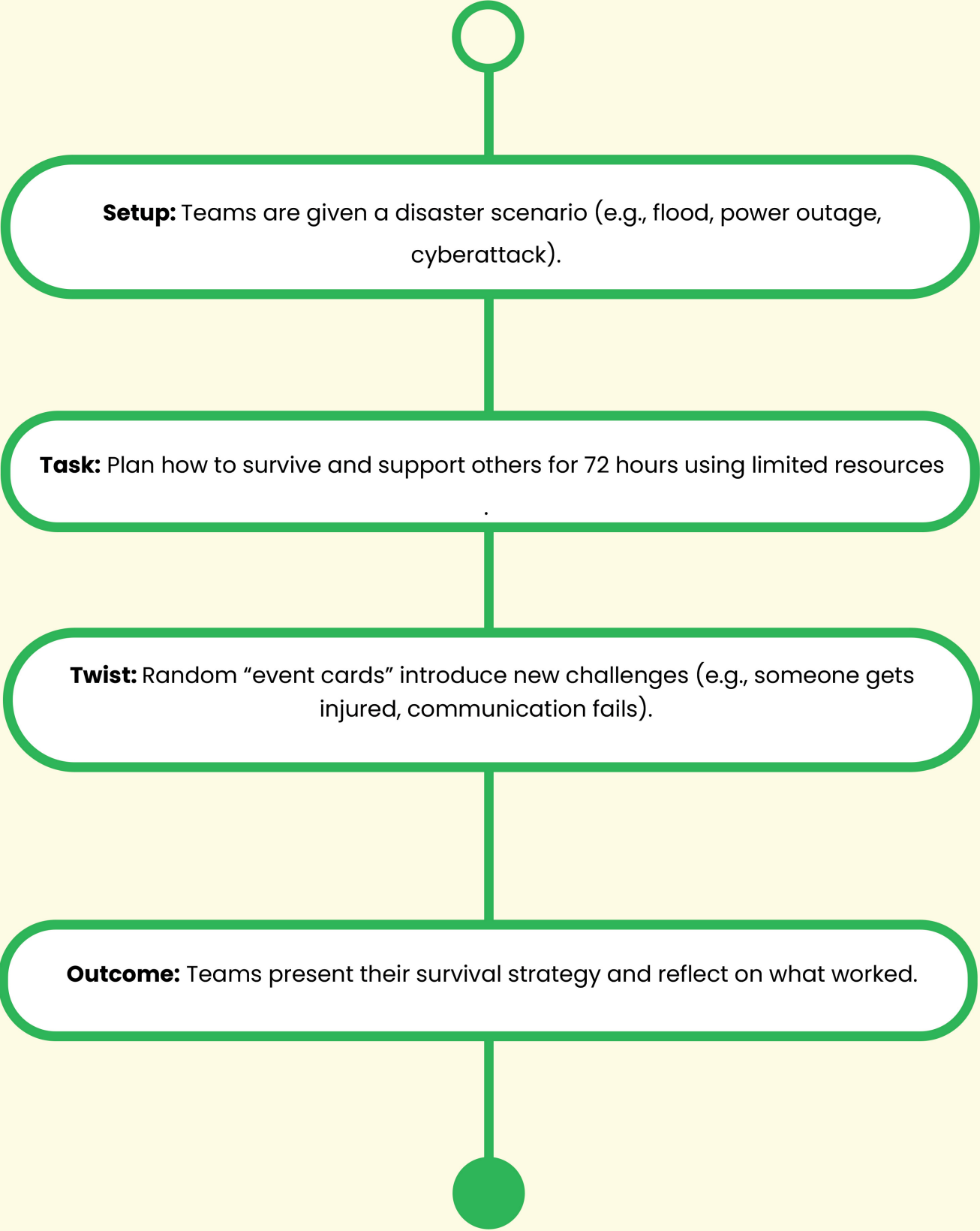
Visit an industry or organisation that has their own emergency plan

Visit an industry or organisation that has their own emergency plan, to talk about what considerations they had to take into account to formulate their plan i.e., Police, Local Authority, Fire Service, Ambulance Service, Environment Agency, Highways England, event organisers, harbours / ports or any other place agreed by your group.

Notes

Disaster simulation game: 72 hours

The aim of this task is to teach emergency preparedness and decision-making under pressure.



Setup: Teams are given a disaster scenario (e.g., flood, power outage, cyberattack).

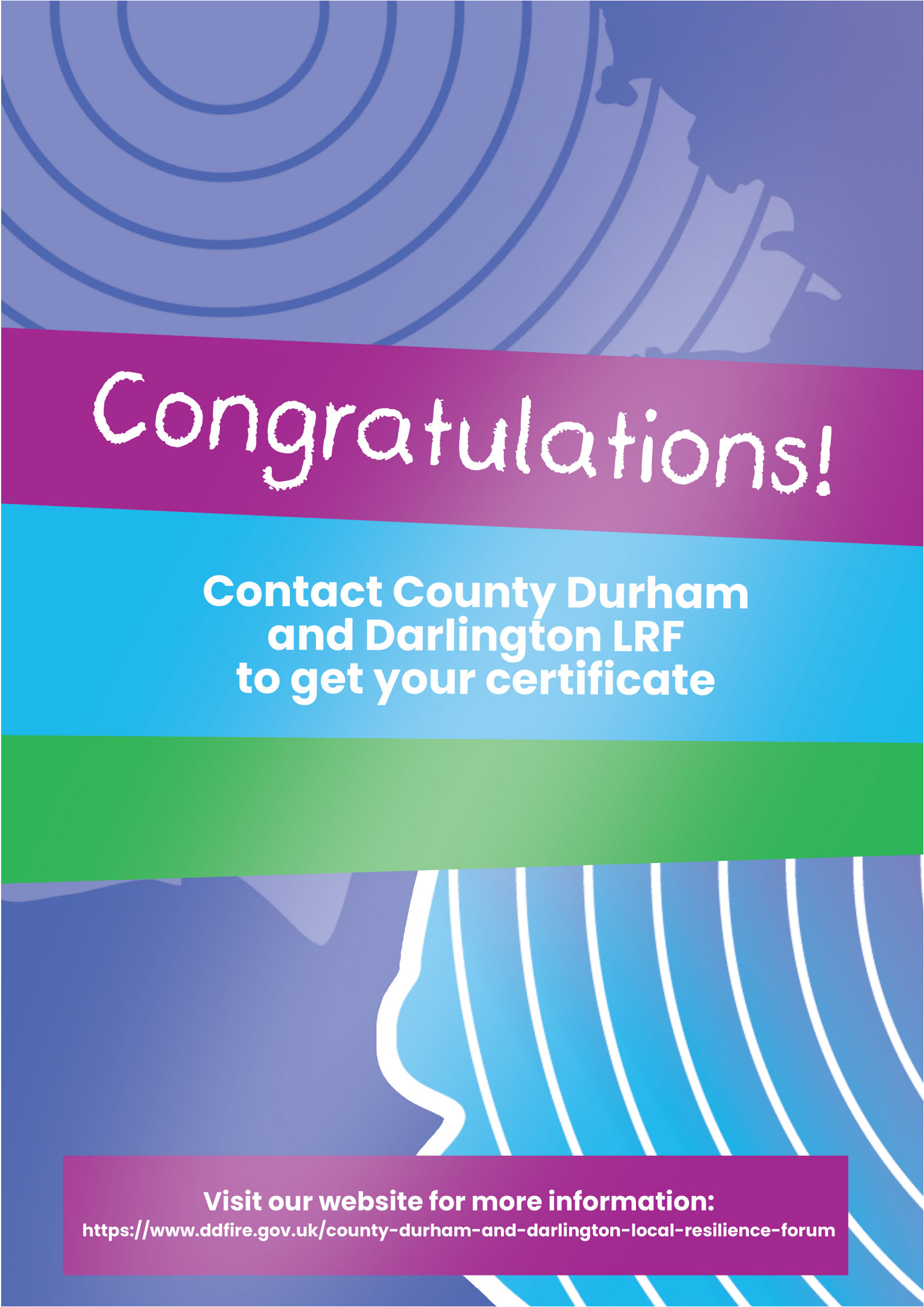
Task: Plan how to survive and support others for 72 hours using limited resources

Twist: Random “event cards” introduce new challenges (e.g., someone gets injured, communication fails).

Outcome: Teams present their survival strategy and reflect on what worked.

Discuss after the play what went well and what didn't go so well, what were the hardest challenges, what lessons were learnt.

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Congratulations!

**Contact County Durham
and Darlington LRF
to get your certificate**

Visit our website for more information:

<https://www.ddfire.gov.uk/county-durham-and-darlington-local-resilience-forum>